





KNOW HOW

Applying for WIC Services

-  **Make an appointment**
Call our Statesville or Mooresville location and we will work with your schedule to see you. You can apply for WIC as soon as you find out you are pregnant.
-  **Bring Current ID**
Examples: Valid driver's license, Social Security card, work/school ID, Medicaid card, Military ID, birth certificate; For infants: Hospital crib card or ID bracelet.
-  **Bring proof of residence**
Examples: Recent utility bill, valid driver's license, Medicaid card, bank statement, current rental or mortgage agreement.
-  **Bring proof of income**
Examples: Recent paycheck stubs or LES for military families, current Medicaid card, letter of certification from Food & Nutrition Services, letter from employer stating gross income and frequency of pay, recent tax return for self-employed.

Referrals Available:

- Breastfeeding Peer Counseling
- Coordination for Children
- Dental Clinic
- Immunizations
- Pregnancy Care Management

Visit our website for more information:
<https://www.co.iredell.nc.us/161/Health-Department>



Health Department Family Services



WIC

Available to women who are pregnant and breastfeeding. *Children up to 5 years of age.



Child Health

Provides well child exams and vaccinations to infants and school-aged children.



Dental

Provides basic dental services to Iredell County residents of all ages.



Family Planning

Available to women who want to become pregnant or prevent unintended pregnancies.



Maternal Health

Prenatal services for low-risk pregnancies.



Immunizations

Provides all required and most recommended vaccines to infants, children and adults.



Lab Services

Offers a variety of lab testing without a physician's order.

STATESVILLE HEALTH DEPARTMENT



318 TURNERSBURG HWY.

PHONE (704) 878-5319
FAX (704) 878-5311
Hours: 8 am - 5 pm M-F

MOORESVILLE HEALTH DEPARTMENT



610 EAST CENTER AVENUE

PHONE (704) 664-4635
FAX (704) 664-9737
Hours: 8 am - 5 pm M-F
*Services and hours vary

Iredell County does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in employment or the provision of services.

WIC

Women, Infants and Children

Iredell County Health Department



It is our mission
to promote and protect
personal, community, and
environmental health.



Public Health
Prevent. Promote. Protect.

EAT WELL



For Your Growing Family



Typical WIC visits with us:

- Measure height, weight, and blood test for iron deficiency.
- A nutritionist will review your health information and eating habits to determine WIC eligibility.
- Any nutrition needs or questions will be discussed.
- If eligible, you will be given an E-WIC benefit card to take to the store to get your WIC approved food items.

Who can receive WIC?

- Breastfeeding women who have had a baby in the last 12 months
- Children up to five years of age
- Infants
- Pregnant women
- Women who have had a baby in the last six months

What does WIC provide?

- Breastfeeding support
- Healthy food
- Healthy eating tips
- Referrals for health care

Iredell County Health Department WIC SERVICES

(located in Statesville & Mooresville)

Hours By Appointment

Monday-Friday

8:00 AM to 5:00 PM

704-878-5319

Please arrive on time for your appointment.
If you are late, we may need to reschedule.

WIC is a federally funded Nutrition Program that improves access to healthy food options for mothers, children and families. Our goal is to help prevent childhood hunger and to help you and your family off to a good start in life.

Am I eligible?

- Live in North Carolina?
- Have a nutritional need?
- *Meet income guidelines?

*Family income of less than 185% of the US poverty income guidelines. A person receiving Medicaid, Work First Families Assistance (AFDC), or Food Stamps will automatically qualify to receive WIC assistance.

Additional WIC help?

- Free breast pump rental & supplies
- Healthcare referrals

Examples: substance abuse, postpartum depression counseling and treatment.

In North Carolina, the WIC program serves **more than 270,000** women, infants and children **each month.**



Common Parent Concerns:

- Anemia
- Breast-feeding
- Folic acid
- Food safety
- Grocery store aid
- Immunizations
- Infant feeding
- Lead poisoning
- Meal preparation
- Picky eaters
- Under/Over weight
- Sudden infant death